

HOLY TRINITY DOBCROSS DRUG EDUCATION POLICY  
SPRING 2 2026



Joshua 1:9 'Be strong and courageous; do not be afraid, do not be discouraged, for the Lord your God will be with you wherever you go'.  
We want our pupils to grow in confidence; to be empowered.

*Our school is a Christian community in which pupils, staff, parents, governors and parishioners are working together, within a safe and stimulating learning environment, to achieve education of the highest possible quality, in order to prepare pupils to meet the challenge of their futures.*

*We celebrate the value of each child and set high expectations for them in our endeavour to sustain and develop their gifts and talents.*

Date Adopted	Spring 2 2026
Signed (Governors)	R Lord
Signed (Headteacher)	E A Travis
Date for review	Spring 2 2029

# HOLY TRINITY DOBCROSS DRUG EDUCATION POLICY

## SPRING 2 2026

### Introduction

Holy Trinity, Dobcross Primary School and Nursery is committed to investing in our pupil's health and well-being and by doing this we assist the process of raising the pupil's achievements.

Our school uses the term 'drug' to include alcohol, tobacco, medicines, illegal drugs and other substances such as solvents and poppers.

The school policy provides a clear picture of our approach to drug education and the management of drug-related incidents and support for pupils who have difficulties. It provides a secure framework within which school staff can work.

We will ensure a balanced approach and promote healthy lifestyles. This will be delivered within the context of PSHE / Citizenship and the schools equal opportunities policy. The policy takes full account of the DfE guidance.  
(DFE and ACPO drug advice for schools – September 2012)

### Legal requirements

Advice from the DfE states

'As part of the statutory duty on schools to promote pupils' wellbeing, schools have a clear role to play in preventing drug misuse as part of their pastoral responsibilities. To support this, the DfE and ACPO ensures that school staff have the information, advice and power to:

- Provide accurate information on drugs and alcohol through education and targeted information, including via the FRANK service;
- Tackle problem behaviour in schools, with wider powers of search and confiscation;
- Work with local voluntary organisations, health partners, the police and others to prevent drug or alcohol misuse.

### Rationale

The purpose of this policy is:

- To provide a clear framework for the teaching of drugs in school
- To establish procedures for responding to drug related incidents
- To determine and meet the needs of pupils
- To inform parents of protocols
- To support staff in drug education delivery and in the handling of drug incidents.

# HOLY TRINITY DOBCROSS DRUG EDUCATION POLICY

## SPRING 2 2026

### **Aims and objective**

The key aims and objectives of the school drug policy for pupils are

- Develop a range of skills to enable children to make their own, informed decisions about drugs.
- Develop rules for, and ways of, keeping them safe.
- Increase knowledge and understanding about legal / illegal drugs and how these relate to personal health.
- Be part of a whole school approach via the PSHCE and Science curriculum.
- Help pupils identify effective and trustworthy sources of help and support.
- To understand the risks and the consequences associated.
- Develop self-confidence and assertiveness.
- To explore a range of views, clarify attitudes and challenge stereotypes.

### **THE DRUGS EDUCATION PROGRAMME.**

Drugs education is an entitlement for every pupil. It is delivered in each school year in the manner appropriate to the age and development of children through the PSHE / Citizenship programme, Science, Circle time and other subject areas when and where appropriate. It is delivered as part of a whole school approach in partnership with all members of the school community. School uses the Jigsaw PSHE programme to deliver the content for Drug Education.

### **TEACHING METHODS**

Drug education shares the features of well-taught lessons in any subject area;

- It builds on what learners already know;
- develops understanding through enquiry and problem solving;
- makes learning enjoyable and challenging and makes children partners in their own learning.

Drug education at Holy Trinity Dobcross Primary and Nursery is delivered in an interactive, thought provoking and interesting manner using a variety of active teaching methods and approaches.

Drug education is taught in a caring and safe environment where children's genuine questions and concerns can be sensitively addressed. Ground rules that are set cover issues such as teachers' and pupils' right to privacy and respect, and the boundaries of discussion. Pupils and teachers are discouraged from revealing any personal information. Distancing techniques using third person case studies, role-play and depersonalised discussions and anonymous question boxes are strategies used by staff.

### **MANAGING DRUG RELATED INCIDENTS**

Other than the legitimate use of medicines it is against the school rules for children to bring any other drugs onto the school site. A drug related incident at this school is likely to concern the inappropriate use of medicine or use of tobacco and alcohol by children. Sometimes it might involve drug related incidents with parents.

# HOLY TRINITY DOBCROSS DRUG EDUCATION POLICY

## SPRING 2 2026

The school believes it is in the best interests of all concerned to inform parents / carers of any reported drug related incidents. The exception would be where the school believes the child would be at serious risk from the parent / carer.

As in all circumstances where a pupil is at risk of abuse or neglect the Child Protection Procedures will be applied or a referral to the Social Care Department for a Child in Need Assessment if the school feels it doesn't constitute a child protection investigation.

The school will take full account of the circumstances when considering the role and involvement of the police. However if illegal drugs are found on the school premises the local police will be informed immediately.

### **DISPOSAL OF INJECTING EQUIPMENT**

Injecting equipment such as needles, syringes, spoons or filters may carry blood borne viruses and need to be handled with extreme caution.

If staff find discarded injecting equipment they will follow the following procedure:

- Avoid handling the syringe wherever possible. Where possible sweep up the equipment onto a dustpan or piece of card. If staff have to pick up the syringe avoid the needle and handle by the barrel. Hold it so the needle points away from the body.
- Place any paraphernalia into a sharps container or rigid container to be clearly labelled. Such as a screw top jar or a drinks can.
- If staff should sustain accidental injury from such an implement, seek medical attention immediately and complete an accident report.

### **PARENT / CARER INVOLVEMENT**

We value the important role parents / carers play within our school community and are committed to ensuring they:

- Are consulted and informed about the drug education programme via the school website.
- Have the opportunity to attend a drug awareness session.

### **GOVERNOR INVOLVEMENT**

The Value and Belief Governors are responsible for monitoring and updating this policy.

### **ADMINISTRATION AND STORAGE OF MEDICINES**

All members of staff at Holy Trinity Dobcross Primary and Nursery School are committed to ensuring the health and well-being of our pupils. Long term prescribed medication will only be administered with a written request from parents / carers and will be accompanied by a school care plan. The SENCO is responsible for writing care plans in communication with the Headteacher and parents. Short term prescribed or non-prescribed medication will only be administered if in line with our Management of Medicines policy. All prescribed medication is stored in the refrigerator or secure cupboard in the school office.

### **ROLE OF TEACHING STAFF**

The school supports all teaching, support and non teaching staff in accessing drug related training. Training will also be provided in house via staff meetings, INSET, parents meetings and governors meetings. We believe that access to good quality training and information helps build teachers confidence in delivering drugs education. The school also has a drug education co-ordinator who:

# HOLY TRINITY DOBCROSS DRUG EDUCATION POLICY

## SPRING 2 2026

1. Is responsible for leading and managing an effective drugs education programme throughout the whole school.
2. Updates resources and information.
3. Maps existing provision
4. Keeps up to date with the latest developments.

### Drug Education Jigsaw content

This is delivered as part of the Healthy Me Jigsaw piece. See below for the contents of each year group block.

Age group	Healthy Me
Ages 3-5 Foundation Stage	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety
Ages 5-6 Year 1	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness
Ages 6-7 Year 2	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food
Ages 7-8 Year 3	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices
Ages 8-9 Year 4	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength
Ages 9-10 Year 5	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image

## HOLY TRINITY DOBCROSS DRUG EDUCATION POLICY

### SPRING 2 2026

	Relationships with food Healthy choices Motivation and behaviour
Ages 10-11 Year 6	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress

#### **OUTSIDE AGENCIES**

Inputs from outside agencies are jointly planned with those concerned ensuring a consistent approach with the school ethos. We also ensure their delivery and messages match with our standards of good practice.

#### **PASTORAL SUPPORT**

The school takes its role in the promotion of pupil welfare seriously. Staff endeavour to make themselves approachable and to provide caring and sensitive pastoral support for pupils in a number of ways. Staff may be approached for help on an individual basis. They offer a listening ear and, where appropriate, information and advice. Where appropriate, pupils are referred to the school nurse and/or outside helping agencies.

School staff cannot promise absolute confidentiality if approached by a pupil for help. Staff must make this clear to pupils. Child protection procedures must be followed when any disclosures are made.

#### **MONITORING AND REVIEWING**

Drug education is reviewed and evaluated as part of school practice by the staff and the children to ascertain what has been learnt and to establish how future work may become more effective. It is reviewed every three years.