

Physical Education and Sport Premium Action Plan for Holy Trinity C of E Primary School and Nursery Dobcross September 2022 – August 2024



The plan aims to improve the quality and breadth of PE and sport provision, including increasing participation in PE and Sport so that all pupils develop healthy lifestyles and fulfil their potential.

Elizabeth Travis

November 2022

'Our School is a Christian community in which pupils, staff, parents, governors and parishioners are working together, within a safe, healthy and stimulating learning environment, to achieve education of the highest possible quality, in order to prepare pupils to meet the challenge of their futures.'

'We celebrate the value of each child and set high expectations of them in our endeavours to sustain and develop their gifts and talents.'

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Holy Trinity C of E Primary Schools Physical Education Action Plan

Introduction

Holy Trinity Dobcross Primary believes physical education is an essential part of a child's educational development. It provides movement-centred and knowledge-based activities for all students. The core components centre on movement and social interaction, allowing students to recognize the diversity of individual ability and participate with respectful conduct. It will also provide the children with the necessary skills of good sportsmanship, to strive for excellence and not to be discouraged if they do not win; equipping them with the appropriate responses in order to deal with winning or losing, thus facilitating valuable lessons for their future.

Developing a balanced program offering a variety of activities provides students an opportunity to develop acceptable fitness levels, a broad spectrum of skills and the knowledge necessary to use those skills for a lifetime of active participation. Positive participation in physical education will leave students with a legacy of success facilitating an active lifestyle.

Vision

Our vision is to raise the aspirations of all pupils regardless of athletic talent, physical and mental abilities or disabilities encouraging them to acquire motor skills to perform a variety of physical activities in order to pursue a healthy and active lifestyle in an increasingly changing society.

Mission

Our mission is to inspire all the pupils in our care to live a healthy and physically active lifestyle.

Aims

We aim to ensure that the provision is challenging and appropriate and the support mechanisms are in place to allow all to reach their full potential. The provision will be inclusive, engaging, innovative, inspiring and raise aspirations. It will provide high quality sustainable Physical Education and sport within the curriculum and out of school hours. Our action plan encompasses all the key concepts to develop pupils' Competence, Performance, Creativity and Healthy Lifestyles. We aim to give a broad base of learning as is possible so that all pupils can develop interest and understanding in many different areas. It will also provide high quality continuous professional development (CPD) for all teachers and other adults involved in the delivery of PE and school sport. It will aim to build sustainable professional learning networks including effective school to school support and families of schools working together. It will provide the children with the skills, confidence and relevant experiences to succeed at their chosen level and discipline and inspire them to rise to the challenge of competition and participate competitively.

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Action plan	2022/2025	Date of plan	November 2022
Person responsible for monitoring	Miss Gill Smith	Date of review	November 2023

Key development priorities for FS, KS1 &2 PE and Sport	Actions and strategies to address key development priorities	Intended impact and sustainable outcomes	Evidence	Dates
Opportunities to be more active during the day	<ul style="list-style-type: none"> ❖ Continue to use Go Noodle with children across school ❖ Use Mindfulness with Class 3 ❖ Introduce brain breaks during lessons. ❖ Encourage children to be active during lessons – moving around, chair exercises, stretching time. ❖ Allow all children additional playtime time when needed. Teachers to encourage short burst of activity throughout the day. 	<ul style="list-style-type: none"> ❖ Children are ready to learn. ❖ Activity ensures pupils maintain concentration for extended periods of time, according to age. ❖ Children understand the importance of regular activity breaks. 	<p>Lesson observations.</p> <p>Pupil voice</p>	Ongoing
Implementation of playground award system	<ul style="list-style-type: none"> ❖ Young leaders trained in award system. ❖ System designed ❖ System expectations displayed in playground ❖ New and established midday supervisors training. ❖ System monitored. ❖ Clear expectations of behaviour in place. 	<ul style="list-style-type: none"> ❖ Children are active at playtimes and are working towards improving and learning skills. ❖ Staff encourage children to be active at playtimes. ❖ Staff are well trained in the expectations. 	<p>Playground observations</p> <p>Award system certificates</p>	Ongoing
Pool side certification	<ul style="list-style-type: none"> ❖ Alison Ripley and Gill Smith to attend Reach and rescue training. 	<ul style="list-style-type: none"> ❖ All staff are able to work with swimming staff to complete the national curriculum swimming unit. 	<p>Course records and staff training records</p>	Ongoing

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Local schools competition	<ul style="list-style-type: none"> ❖ Seek opportunities to play competitive sport through the collaborative particularly in football, netball and rounders. 	<ul style="list-style-type: none"> ❖ Children have the opportunity to take part in competitive sports and learn good sportsmanship. 	Website Competition record	Ongoing
Competitive sports	<ul style="list-style-type: none"> ❖ Enter Oldham based competitions. 	<ul style="list-style-type: none"> ❖ Children have the opportunity to take part in competitive sports and learn good sportsmanship. 	Website Competition record	Ongoing
Purchasing of resources	<ul style="list-style-type: none"> ❖ Update sports equipment ❖ buy additional playground resources. 	<ul style="list-style-type: none"> ❖ Equipment is available in order to deliver a good quality gym, dance and games curriculum. ❖ Playground equipment is available to ensure active playtimes. 	Resources list	Ongoing
Active playtimes	<ul style="list-style-type: none"> ❖ Purchase equipment to aid playtimes to be active. ❖ Train young leaders to aid with active playtimes. ❖ Seek a provider to train young leaders. ❖ Ensure young leader events celebrate the work of these children. ❖ Implement a playtime award system 	<ul style="list-style-type: none"> ❖ Playtimes are active times where all children are involved in purposeful play. ❖ Children are given leadership responsibility and therefore lead the play. 	Playtime observations Behaviour records	Ongoing
Active lunchtimes	<ul style="list-style-type: none"> ❖ Implement an active certification system for lunch time play to encourage activity. ❖ Develop the certification for this. 	<ul style="list-style-type: none"> ❖ Children are active at playtimes and their play and sports skills are developed. ❖ Children are able to support their own learning and the learning of others. 	Playtime observations Records of certificates achieved.	Ongoing
Outdoor adventure opportunities	<ul style="list-style-type: none"> ❖ Children have the opportunity to take part in outdoor activities. ❖ KS2 children have the opportunity to take part in a residential adventurous activities opportunity. ❖ All children have the opportunity to take part in orienteering. 	<ul style="list-style-type: none"> ❖ By the end of KS2 all children have had the opportunity to take part in outdoor adventurous activities both within school, external to school and as a residential. 	School diary	Ongoing each summer

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Sustainability

All actions in 20221-2022 have an element of sustainability built into them. This is important as it ensures that the school is able to continue building and improving on their PE, sports and activity provision beyond the Government initiative. Resources have been purchased to support the learning and all actions are based around ensuring that these can continue to run once the funding is no longer available.

Impact 2016-2017

Key development priorities for FS, KS1 &2 PE and Sport	Actions and strategies to address key development priorities	Outcome
Opportunities to be more active during the day	<ul style="list-style-type: none"> ❖ Continue to use Go Noodle with children across school ❖ Use Mindfulness with Class 3 ❖ Introduce brain breaks during lessons. ❖ Encourage children to be active during lessons – moving around, chair exercises, stretching time. ❖ Allow all children additional playtime time when needed. Teachers to encourage short burst of activity throughout the day. 	Classes all use a form of exercise clips to support activity in the classroom this includes Go Noodle and utube. Class 3 have mindfulness embedded in the class and this has also been used in other classes but not as frequently. Children are encouraged to be active in lessons and practical work has risen whilst recording unnecessary things has stopped. This has a good impact on learning as the activity helps to refocus the mind after either playtime or during a longer session. Mental health training is built into the school curriculum.
Implementation of playground award system	<ul style="list-style-type: none"> ❖ Young leaders trained in award system. ❖ System designed ❖ System expectations displayed in playground ❖ New and established midday supervisors training. ❖ System monitored. ❖ Clear expectations of behaviour in place. 	The young leader system enables the older children (Year 5 and 6) to learn and apply skills of leader ship. They ensure that younger children are engaged in games, taught new games and encouraged to develop their skills. There are clear expectations of behaviour although these are reviewed in September 2022.
Pool side certification	<ul style="list-style-type: none"> ❖ Alison Ripley and Gill Smith to attend Reach and rescue training. 	Staff who attend swimming with the children are currently trained to the required standard.
Local schools competition	<ul style="list-style-type: none"> ❖ Seek opportunities to play competitive sport through the collaborative particularly in football, netball and rounders. 	Children have taken part in football, netball, swimming and cross country competitions. They have shown excellent skills in all areas and developed their social skills through meeting children from other schools. They have also been

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		learning to occasionally lose graciously. During the Saddleworth Olympics the other villages voted our children as those who behaved impeccably throughout the tournament and differing sports.
Competitive sports	❖ Enter Oldham based competitions.	See above
Purchasing of resources	❖ Update sports equipment ❖ buy additional playground resources.	Indoor mats and playtime equipment has been updated. This ensures that there is adequate equipment for the children to engage in meaningful sports provision. The issue regarding the playground and wet playtimes needs to be addressed.
Active playtimes	❖ Purchase equipment to aid playtimes to be active. ❖ Train young leaders to aid with active playtimes. ❖ Seek a provider to train young leaders. ❖ Ensure young leader events celebrate the work of these children. ❖ Implement a playtime award system	Playtime equipment continues to be purchased to replace old or broken equipment. Young leaders and staff model games for the children and ensure that there is a productive learning environment in the playground. This is occasionally hindered by the poor condition of the playground and surrounding area. This needs to be addressed.
Active lunchtimes	❖ Implement an active certification system for lunch time play to encourage activity. ❖ Develop the certification for this.	This was trialled but due to staffing issues could not be developed. The Headteacher will run this again in the new year when more staff are employed at lunchtimes.
Outdoor adventure opportunities	❖ Children have the opportunity to take part in outdoor activities. ❖ KS2 children have the opportunity to take part in a residential adventurous activities opportunity. ❖ All children have the opportunity to take part in orienteering.	Year 5 and 4 have attended Castleshaw activity centre for a variety of activities. All other children have taken part in orienteering at school. A number of year 1 children took part in the Gruffalo trail and all Year 6 children attended Robinwood activity centre. This aids the children in building their interpersonal and leadership skills.